

SPECIALIST
HIGH SKILLS

Halton District School Board

MAJOR

HEALTH AND WELLNESS



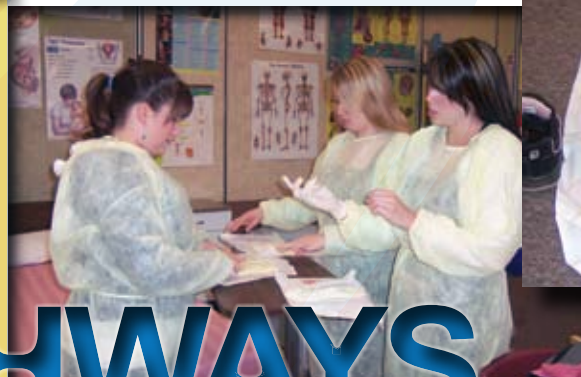
Program Overview:

The SHSM Health and Wellness program offers students the opportunity to explore the world of health care while in high school. Through in-class learning and health focused knowledge, the student will develop many skills that will serve as a building block to future careers in caring for the people that need care.

- Recognize the diversity of the occupations in health care and understand the roles that each play as a component of a collaborative team management
- Obtain a Personal Support Worker certificate upon successful completion of the classes and co-op placement
- Obtain a certificate in First Aid and CPR (Level C), Infection Control, and receive awareness training in WHMIS. Other training and certificates will be available throughout the semester

Students will also:

- Gain knowledge of human anatomy, physiology, pathophysiology, immunology, and human development
- Learn and understand the diverse needs of both the children and elderly population
- Develop some fundamental skills used in health care including: assisting with activities of daily living, assessment skills, and taking vital signs
- Develop an understanding and appreciation for communication techniques that enable them to provide psychosocial care to their clients



Course package:

Students in the SHSM Health and Wellness program can continue in the health care field through all four of the designated pathways including: apprenticeship, college, university, and workplace.

The program consists of:

- 3 health care courses
- courses in biology, chemistry, and/or physics (depending on destination)
- 2 math credits
- 2 co-op credits

Who would be Interested in the Program?

This program provides focused teaching to cover the interests and designations of the enrolled students. Through co-op placement, job shadowing, and reach-ahead experiences, the student has the opportunity to explore a health care occupation.

Some traditional health care fields include:

- dentistry
- medicine
- nursing
- paramedics
- personal support worker
- physiotherapy

Other careers in health care can include:

- child and youth worker
- lab technician
- porter
- naturopath
- radiology technician
- speech therapy

Program Delivery

Students will enroll to attend the program at Robert Bateman High School for semester 1 or St. Thomas Aquinas for semester 2. All students have the option to transfer to the schools, or cross-register. Additional required credits can be taken at either of the above schools, the home base school or night school. Each student's particular career goals are examined, and the most suitable schedule and course selection is obtained.

Application Details & Contact Information:

All interested students can obtain an application at his/her guidance office.

For more information on the SHSM Health and Wellness program, visit schooltocareer.ca. To register for the program, go to www.onsorts.ca or visit the guidance counselor at your school. Parent information nights are held throughout the year to allow interested students and parents to seek further information. There is a fee of \$250 for the program that covers books, certificates, class excursions, and uniforms.

